Making Quilts for Wee Care

One of the hospitals needed small blankets 18” x 18” or 30” square. They do not recommend bright colors for the blankets that would be used for NICU and live babies. I have been making the smaller size, using 5” squares (also called charm squares). I sew 4 of them across and 4 down. I put a backing on it – right sides together and sew around leaving an opening to turn. I like to use flannel – it’s so soft and easy to work with. After I turn it right side out I give it a quick press and then stitch around the edges and down and across the seams. You do not need to use batting with these little blankets.

You can make a larger blanket/quilt about 30” square. I’ve seen them done with two pieces of flannel sewn together and quilted in the same style as the small ones. You can crochet around the edges of the flannel blankets, bind the edges or serge the edges.

You can also knit or crochet baby blankets. There are lots of ideas out on YouTube and Pinterest.

https://www.knotsoflove.org/nicu-blanket-patterns This is a link for knitted and crocheted patterns.

https://www.instructables.com/id/NICU-Blankets/ This site has a nice tutorial on making blankets for the hospitals.