

Chesapeake Treasures Chapter



Nov/Dec 2019

Letter from our President

When you receive this Newsletter, it will already be November with everyone looking forward to the upcoming holidays. I want to take this time to wish everyone a Happy Thanksgiving, Merry Christmas, and Happy New Year. I hope you are able to celebrate with your families.

I am looking forward to the new meeting programs currently being scheduled. If you have an idea for something you would like to have presented or can present a program, please contact Carolyn Dalton.

Don't forget to go to the Crofton Library to see the Chesapeake Treasures Library Display in November.

Dawn Watson, President



Gowns are available—packaged as two gowns and two bonnets or caps. Please return in original packaging with your name inside. In September we handed out 35 gowns and received 15 (that includes gowns from 2018/2019). At the October meeting we handed out 8 gowns and received 2 and 14 Buntings have been turned in. There are still gowns out from 2018/2019. If you are unable to complete any gowns you have, please return them and someone will finish them.

DMC Colors for smocking and embroidering Wee Care gowns:

Blanc, Ecru, 224,225,341, 746, 747, 775, 776, 818, 819, 948, 3023, 3713, 3747 or 3753.

Please note that the colors green and yellow are not on the list.

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### **A Special Memo from Mary Margaret and Joan!**

It has been called to our attention that the present contract with the Library as our meeting place will not allow a raffle to take place, so we are reconstructing the committee with a new name and purpose. More to come at the regular meeting, but for now we are: **The Co-Builder Committee** With Opportunities for all to Participate.

Don't forget to check out the variety of items being offered. Remember -any donations from the monthly opportunity display go to the educational programs offered by the Chapter.

The **November Co-Builder Opportunity** will be:

*Madeira Shadow Work* kit (made by Lillie McAnge). Includes fabric, needle, light blue Floche, pattern, and directions for a shadow work pillow. Kit donated by **Marlene Mehn**.

Then try your hand at using some special needles!

3 John James Twin-pointed Needles (equivalent to #24 Chenille)

Package#11 Milliner Needles - yes, you can make those tiny  
bullion roses with these fine English needles!!

Package#7 John James Betweens- great for hemstitching or Madeira applique.

There will be no scheduled opportunity program in December since the meeting is not a formal meeting, but our Holiday Social Time.

As we enter a new calendar year, we have a fine selection of surprises. Remember, all the items are a great addition to your smocking and/or heirloom sewing collection.

Great tip from Barbara M.—

**RELIEF FOR TIRED STITCHING FINGERS**—This morning my yoga instructor offered a position which I immediately recognized would bring immediate relief for our fingers that grow still and tired from prolonged stitching. Here it is:

Stand with one arm outstretched in front of you, palm up. With the other hand grasp the little finger and gently pull it back toward you. Hold for a few seconds and repeat for each finger. Then pull all four fingers and your hand back at the same time. Repeat for the other hand.

| Month    | Sweet                          | Savory        | Drinks and Ice |
|----------|--------------------------------|---------------|----------------|
| November | Barbara Meger                  | Jackie O'Neil | Cheryl Brown   |
| December | Pot Luck/Christmas meeting TBD |               |                |

Joyce found a nice machine embroidery site with children's applique designs:

[embroideryland.com](http://embroideryland.com)

#### C. T. Member Shout Out!

Hey Ladies,

I just received an email in my inbox featuring Lisa Hawks, a recent member. Lisa's site is ***PinkHollyBushDesigns.com***, she has a Blog, Newsletter, and Online sewing shop. Lisa is one of our "out of town" members, but we do see her at an occasional meeting or at our C. T. Retreat held every February.

Lisa didn't ask me to share this, but incase you didn't know, you should check it out! I spent a lovely day reading all the info she packs into her newsletter and blog.

I have found some cute ways to embellish sewing projects and I love how Lisa is reaching out to today's Moms who are "in love" with knit clothes. She is showing how to sew and smock using some fun knit fabrics. Her newest pattern is called "Honey" and it is adorable. I also enjoy how she has other crafters and bloggers mentioned in her newsletter. Her site is a great source of some free patterns for some quick and adorable ideas.

Lisa, Thanks for evolving our love of smocking and heirloom sewing into this next generation of fashion sense. Love your YouTube video's as well!

Happy Stitching!  
Joyce Ross and Kelli Fox

## Committees and Chairpersons for 2020

### New Committee Chairmen for October 2019 through September 2020

| COMMITTEE                  | CHAIR                       |
|----------------------------|-----------------------------|
| Budget                     | Kelli Fox                   |
| Convention Basket          |                             |
| Education                  | Lindsay Carroll             |
| Facilities                 |                             |
| Historian                  | Debbie Marx                 |
| Hospitality                | Cheryl Brown                |
| Librarian                  | Mitzi Mariella              |
| Library Display            | Lizzette Smith              |
| Meeting Raffle             | Mary Margaret Kasulke       |
| Membership                 | Lindsay Carroll             |
| Newsletter                 | Sandy Suhrie                |
| Programs                   | Carolyn Dalton              |
| Publicity                  | Mary Beth Russell           |
| Retreat                    | Jo Shaw                     |
| Show and Share             | Marlene Mehn                |
| Sit and Stitch             | Joyce Ross                  |
| Website                    | Carolyn Dalton              |
| Wee Care<br>Public Service | Joyce Ross and Sandy Suhrie |

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**Programs—**

November - Snowman scissor fob by Peggy—Kits provided but bring scissors, Please notify Peggy if you are planning to attend the meeting.

December— Holiday Potluck

January— Members are encouraged to bring 2 of their favorite sewing items and say why they are their favorite

February—UFOs

March—Felt Easter Egg with Embroidery

April—Mini Pressing Rods (Joyce Ross)

June— End of year Pot Luck

September—Pleater Maintenance (Barbara Meger)

**COMMITTEE UPDATES:****MEMBERSHIP:**

Don't forget to submit your Chesapeake Treasures membership dues by the December meeting or by mail to Lindsay Carroll (address on membership form). Members may submit their SAGA National membership renewals with their local due up to the November meeting. Members are encouraged to go online to renew their National dues as their dues will be processed in a more timely manner. National dues should be renewed by Dec. 31, 2019 in order to prevent interruption to SAGA News subscriptions.

**Education:**

The Education Committee is working hard to narrow down the teacher selection for the Spring 2020 workshop. Teacher and dates will be announced at the December meeting.

**Website:**

Carolyn has updated the website to include the programs for the year. It's a beautiful presentation of fun programs!

**Service Opportunity:**

**Do you have some stash items that no longer “bring you joy”?!** You are in luck! Washable fabrics and notions can be donated to the Crofton Library (Attn: Martha) where local sewing groups will use them to make Fidget Quilts and weighted lap “blankets” for residents living with dementia at the Crofton Care and Rehab Center.

**What are Fidget Quilts, and what purpose do they serve?** Fidget “quilts” are roughly placemat size and can be made in a variety of designs from simple to more complex.



One of the ways that individuals with dementia show anxiety or agitation is in their hands. They will begin to fidget, restlessly pulling at clothes or blankets, wringing their hands, or rubbing their hands together. Fidget quilts are one way to help restore calm.

**What is a weighted lap blanket?**

Alzheimer's and dementia often cause older adults to feel agitated, anxious, or have disturbed sleep. A weighted blanket or lap pad is a simple, non-drug option that can be used day or night. They reduce anxiety, calm nerves, provide comfort, and promote deep sleep. They are slightly wider than a placemat and have hidden pockets filled with removable bean bags for weight. Washable upholstery or other sturdy fabric is perfect for one side. Any washable fabric can be used for the interior bean bag holder, and non-slippery fleece or flannel fabrics are excellent for the reverse sides of both lap blankets and fidget quilts.

Thanks in advance for any supplies you'd like to donate. You are very welcome to help sew too, either on your own or at workshops at the Crofton Library. Please see Martha for more information or email [mnsykora@earthlink.net](mailto:mnsykora@earthlink.net). Thank you!



## MEETING DATES FOR 2019/2020

NOVEMBER 14–Program by Peggy Hueston–Snowman Scissor Fob

DECEMBER 12– Holiday Pot Luck–Location TBD

JANUARY 9, 2020

FEBRUARY 13, 2020

MARCH 12, 2020

APRIL 9, 2020

MAY 14, 2020

JUNE 11–End of year Pot/Luck–Location TBD

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### Library Display at the Crofton Library

These are photos of the library display. The ladies had a fun time putting together the display.



## Officers of Chesapeake Treasures 2020

Dawn Watson, President  
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Carolyn Dalton, V.P. Programs  
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Lindsay Carroll, V. P. Membership  
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410-842-3773

Jackie O'Neill, Secretary  
joneill20715@yahoo.com  
(301) 464-0081

Kelli Fox, Treasurer  
Kelligfox.saga@gmail.com  
209-417-9126

Look for "Chesapeake Treasures Smocking Guild" on **Facebook** and our new website [www.chesapeaketreasures.org](http://www.chesapeaketreasures.org) Contact Carolyn Dalton if you want to add something to the website.

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Meeting Location is now at Crofton Library
1681 Riedel Rd, Crofton, MD

Business Meetings will now precede the General Meeting, starting at 5:45.

There are no meetings during July and August. Meetings resume in September.

Birthdays

November

27—Lyn Leet

December

16—Jan Tatum



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Thank you to all that donated articles for the newsletter. Remember, when sending articles for the newsletter, please do your submissions in Microsoft Word. When you send info in an email it has to be retyped. In your email to Sandy, fringes51@gmail.com, please put Chesapeake Treasures Newsletter in the subject line. The next newsletter will go out about January 1, 2020. Plan to have any submissions to Sandy by December 29, 2019.



**SAGA—The Smocking Arts Guild of America -**  
**“Our purpose is to preserve and foster the art of**  
**smocking and related needlework for future**  
**generations, through education, communication,**  
**and quality workmanship.”**

[www.smocking.org](http://www.smocking.org)

Newsletter Editor  
 Sandy Suhrie  
 fringes51@gmail.com

Please email Sandy if you have any ideas or suggestions or articles for this newsletter or you would like to place an ad.

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 Chesapeake Treasures Chapter  
 C/O Sandy Suhrie  
 8244 New Cut Road  
 Severn, MD 21144

Exchange Newsletters from other chapters should be emailed to Martha Sykora, [mnsykora@earthlink.net](mailto:mnsykora@earthlink.net)  
 We will be happy to reciprocate.

#### When and Where we meet:

The Chesapeake Treasures Chapter meets at 5:30 p.m. (business meeting precedes the general meeting) on the 2nd Thursday of the month at

**Crofton Library, 1681 Riedel Rd, Crofton, MD**

At each meeting there is a show and share, business meeting, a program or demonstration and always refreshments.

Should there be inclement weather, please check the library site to see if they are open or call [410-222-7915](tel:410-222-7915)

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[www.classiccreationssmocking.com](http://www.classiccreationssmocking.com)



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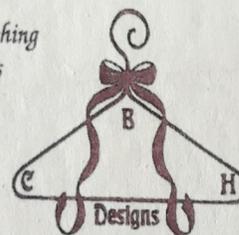
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